

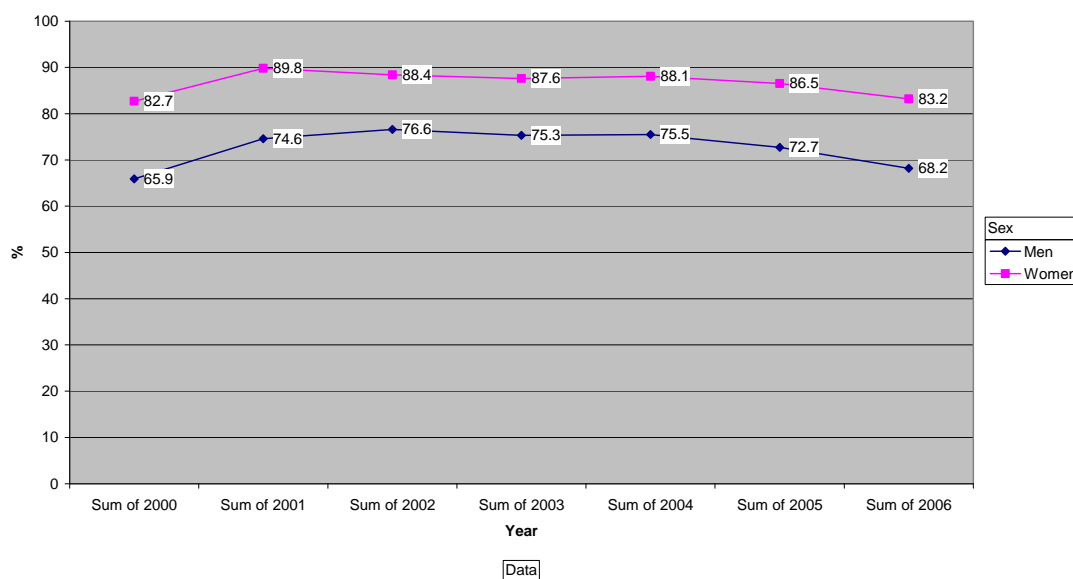
Primary Prevention 2006

From 2002 data will only relate to the 30-74 year old patients in the patient population.

Blood Pressure check in the last 3 years

	Men	%	Women	%	BP < 145/85	%
2000	2545	65.9	3341	82.7	-	-
2001	2728	74.6	3285	89.8	-	-
2002	2148	76.6	2512	88.4	2574	45.6
2003	2132	75.3	2549	87.6	2587	45.0
2004	2238	74.5	2690	88.1	2849	47.0
2005	2181	72.7	2649	86.5	2573	42.4
2006	2237	68.2	2741	83.2	2627	40.0

BP checks in men and women aged 30-74

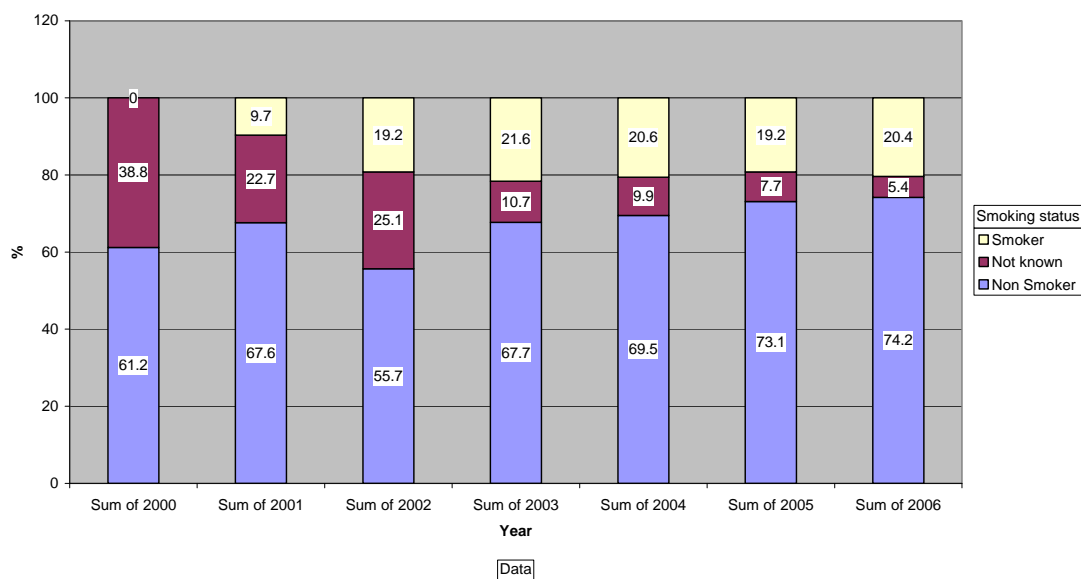


Smoking Status in the last 3 years

Non Smoker	Men	%	Women	%
2000	2364	61.2	3024	74.8
2001	2475	67.6	3182	81.1
2002	1562	55.7	1938	68.1
2003	1919	67.7	2314	79.5
2004	2092	69.5	2492	81.5
2005	2191	73.1	2590	84.6
2006	2435	74.2	2833	86.0

	Smoker				Smoker Advised			
	Men	%	Women	%	Men	%	Women	%
2000	-	-	-	-	-	-	-	-
2001	356	9.7	377	9.6	253	71.1	376	99.7
2002	538	19.2	642	22.3	206	38.3	278	43.3
2003	612	21.6	539	18.5	342	55.9	357	66.2
2004	620	20.6	539	17.6	296	47.7	270	50.1
2005	576	19.2	491	15.4	242	42.0	198	40.3
2006	671	20.4	460	14.0	336	50.1	300	89.3

Smoking Status Men aged 30-74 2000-2006



Smoking Status Women aged 30-74 2000-2006



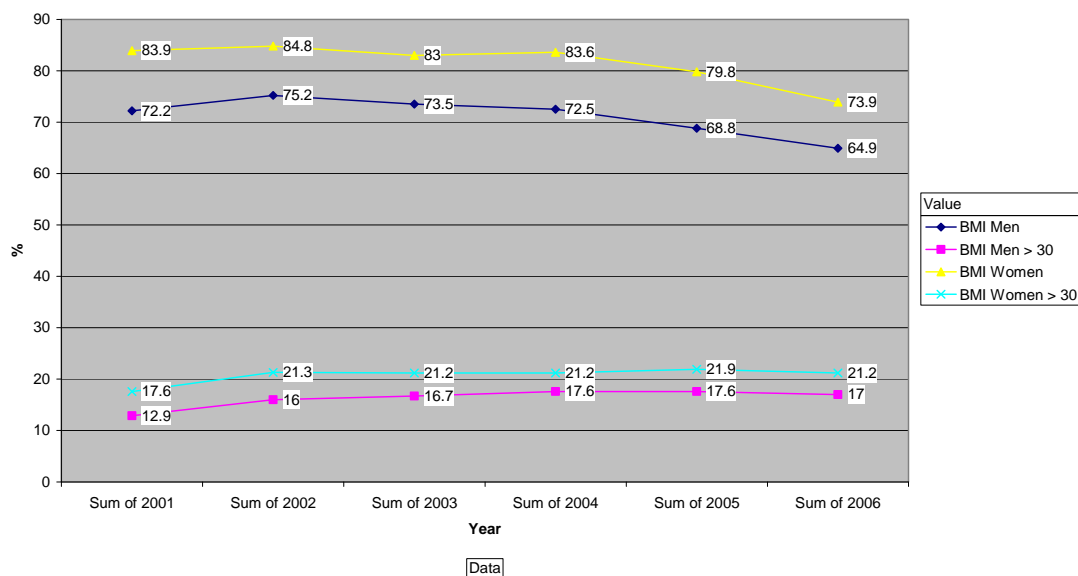
BMI record in the last 3 years

	BMI				BMI > 30			
	Men	%	Women	%	Men	%	Women	%
2001	2640	72.2	3292	83.9	471	12.9	692	17.6
2002	2108	75.2	2412	84.8	450	16.0	607	21.3
2003	2083	73.5	2415	83.0	474	16.7	617	21.2
2004	2179	72.5	2554	83.6	529	17.6	647	21.2
2005	2063	68.8	2443	79.8	529	17.6	672	21.9
2006	2130	64.9	2433	73.9	557	17.0	697	21.2

BMI > 30, Diet advised	BMI > 30, Exercise advised
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	Men	%	Women	%	Men	%	Women	%
2002	149	33.1	210	34.6	139	30.9	195	32.1
2003	220	46.4	258	41.8	226	47.7	257	41.6
2004	165	31.2	220	34.0	161	30.4	210	32.5
2005	114	21.5	99	14.7	106	20.0	92	13.7
2006	92	16.5	108	15.5	87	15.6	93	13.3

BMI Men and Women aged 30-74 2000-2006



Alcohol record in the last 3 years

	Men	%	Women	%
2001	2487	68.0	2909	74.1
2002	2026	72.3	2151	75.6
2003	2010	70.9	2089	71.8
2004	2087	69.4	2296	75.2
2005	1980	66.0	2102	68.6
2006	2075	63.2	2027	61.6

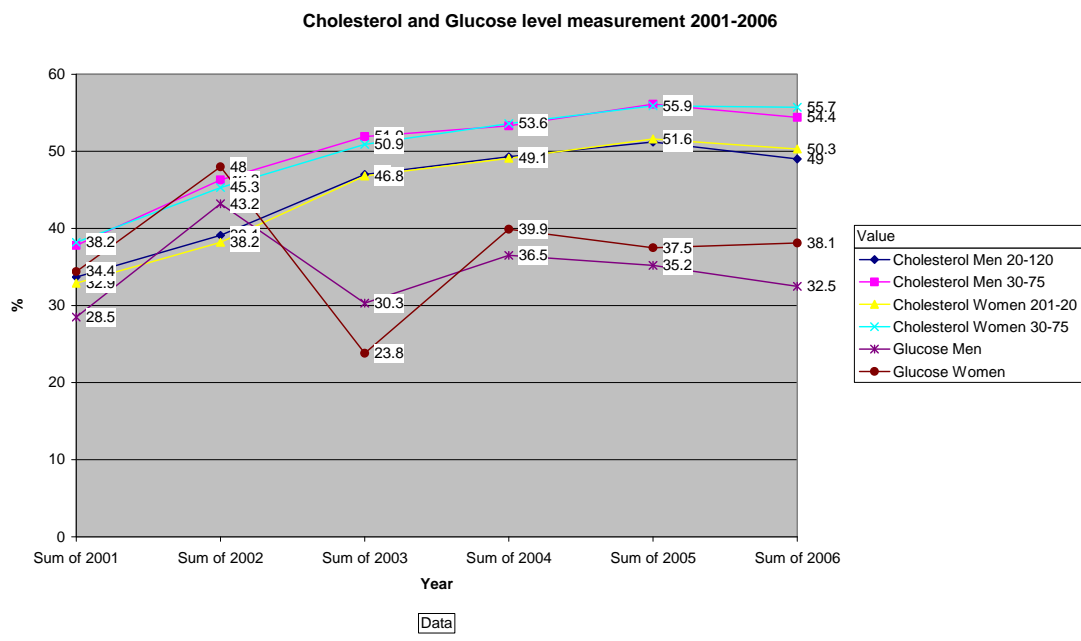
	More than recommended				More than recommended, Advised			
	Men > 21 u	%	Women > 14 u	%	Men	%	Women	%
2002	222	7.9	40	1.4	19	8.6	8	20.0
2003	355	12.5	122	4.2	65	18.3	6	4.9
2004	344	11.4	145	4.7	47	13.7	9	6.2
2005	356	11.9	112	3.7	35	9.8	4	3.6
2006	207	6.3	48	1.6	52	25.1	5	10.4

Glucose level in the last 2 years

	Men	%	Women	%
2001	796	28.5	973	34.4
2002	1210	43.2	1366	48.0
2003	851	30.3	930	23.8
2004	1098	36.5	1219	39.9
2005	1055	35.2	1149	37.5
2006	1066	32.5	1255	38.1

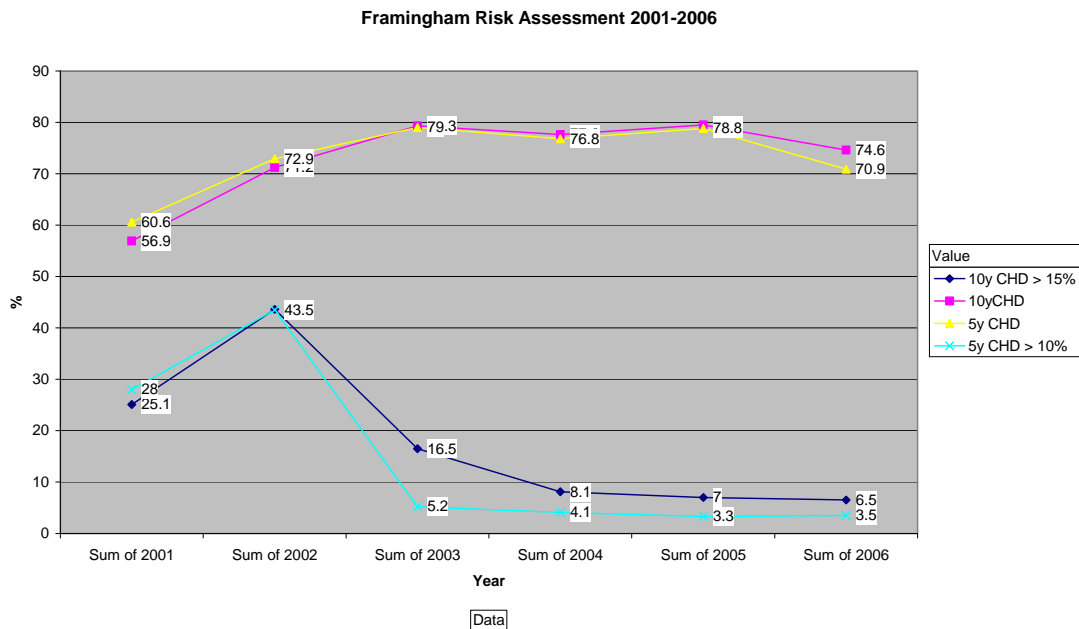
Cholesterol level ever

	20-120 years				30-75 years			
	Men	%	Women	%	Men	%	Women	%
2001	1234	33.7	1290	32.9	1056	37.8	1290	38.2
2002	1531	39.1	1600	38.2	1299	46.3	1290	45.3
2003	1759	47.0	1893	46.8	1469	51.9	1483	50.9
2004	1961	49.3	2115	49.1	1602	53.3	1638	53.6
2005	2051	51.2	2224	51.6	1681	56.1	1713	55.9
2006	2166	49.0	2369	50.3	1784	54.4	1834	55.7



Framingham Risk Score

	5 year score				10 year score			
	Nr	%	>10%	%	Nr	%	>15%	%
2001	3356	60.6	939	28.0	3154	56.9	792	25.1
2002	4117	72.9	2456	43.5	4033	71.2	2462	43.6
2003	4325	79.0	287	5.2	4343	79.3	901	16.5
2004	4656	76.8	251	4.1	4705	77.6	492	8.1
2005	4781	78.8	202	3.3	4822	79.5	427	7.0
2006	4659	70.9	228	3.5	4904	74.6	425	6.5



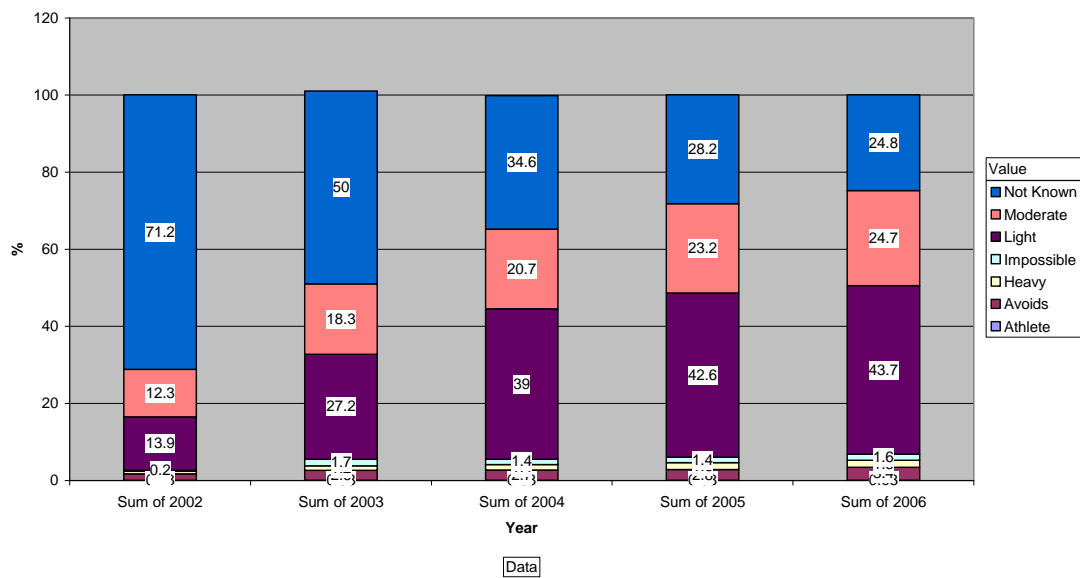
Lifestyle advise

	Diet Advised				Exercise Advised			
	Men	%	Women	%	Men	%	Women	%
2002	521	18.7	683	24.0	524	18.7	670	23.5
2003	787	27.8	932	32.0	819	28.9	937	32.2
2004	572	19.0	832	27.0	580	19.3	821	27.0
2005	332	11.0	361	11.8	378	12.6	316	10.3
2006	299	9.1	317	9.6	293	8.9	299	9.1

Exercise Level (%)

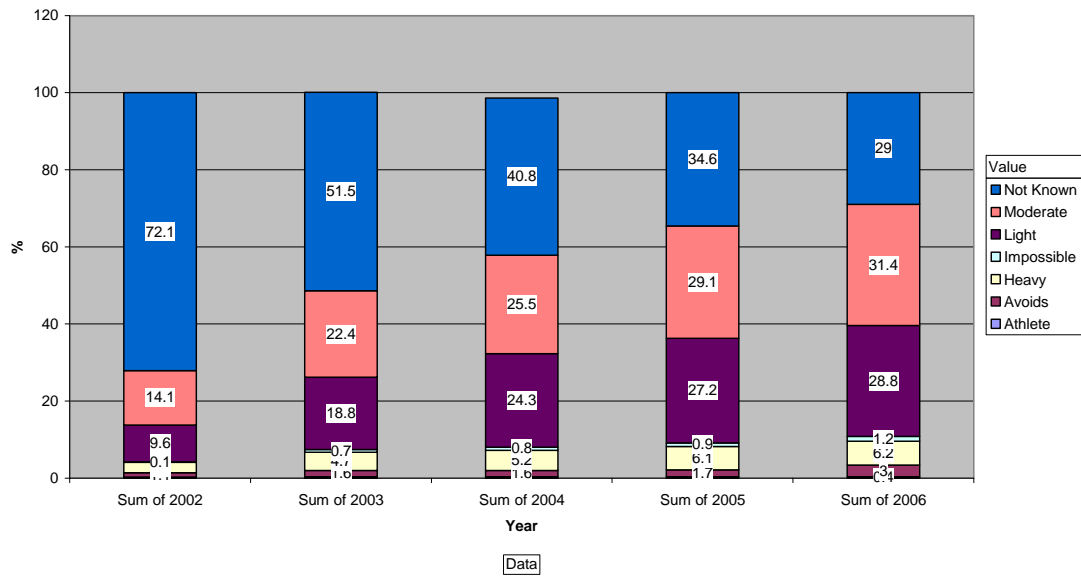
Women	Impossible	Avoids	Light	Moderate	Heavy	Competitive	Not Known
2002	0.2	1.7	13.9	12.3	0.7	0.03	71.2
2003	0.7	2.6	27.2	18.3	1.2	0.03	50.0
2004	1.4	2.7	39.0	20.7	1.4	0.03	34.6
2005	1.4	2.8	42.6	23.2	1.8	0.03	28.2
2006	1.6	3.4	43.7	24.7	1.8	0.03	24.8

Exercise levels in Women 2002-2006



Men	Impossible	Avoids	Light	Moderate	Heavy	Competitive	Not Known
2002	0.1	1.1	9.6	14.1	2.7	0.3	72.1
2003	0.7	1.6	18.8	22.4	4.7	0.4	51.5
2004	0.8	1.6	24.3	25.5	5.2	0.4	40.8
2005	0.9	1.7	27.2	29.1	6.1	0.4	34.6
2006	1.2	3.0	28.8	31.4	6.2	0.4	29

Exercise levels Men 2002-2006



Family History of (%)

	Glaucoma	IHD	Hypertension	Diabetes	CVA	Dementia
2002	6.4	29.1	31.9	23.2	20.1	1.2
2003	7.3	38.3	33.8	25.3	22.1	2.2
2004	7.5	33.0	34.8	25.9	23.1	3.3
2005	7.4	33.7	35.2	26.8	23.4	3.8
2006	6.9	32.0	33.4	26.3	22.5	3.5